

Chorus Line

Summary

Participants take turns introducing themselves, and in seeing their introduction repeated in unison by the whole group.

Objectives

- Introductions.
- Self-disclosure.

Materials

None.

Timing

5 minutes (30 seconds per person).

Procedure

1. Form a circle. Explain that each person will introduce him-/herself in a characteristic way (for example, hop, skip and jump, on one knee, singing in a funny accent). Give an example or two. On a count of three from you the others imitate it in unison.
2. Go around the circle.

Commentary

This should be done briskly and with enthusiasm. It is a useful way to help participants see their own actions reflected by others and gain a feel for the kind of impression they make on others, but in a non-threatening context.

